



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARENTS NIGHT OUT RELAXING FOR YOU FUN FOR THE KIDS

Looking to spend an evening out on the town or just quiet time at home, but want your child to have fun too?

You need Parents Night Out!

Children will enjoy a fun-filled evening of activities and games for ages 6 weeks-12 years from 6:30-9:30 pm.



Register

Date

Theme

SPACE IS LIMITED!

02/16-02/22	02/23	Dance Party
03/23-03/29	03/30	Movie Night
04/13-04/19	04/20	Lip Sync Battle
05/18-05/24	05/25	Going on a Bear Hunt
08/24-08/30	08/31	Night at the Museum
09/21-09/27	09/28	Fall Fest
10/19-10/25	10/26	It's the Great Pumpkin
11/16-11/22	11/23	Gobble, Gobble until you Wobble
12/07-12/13	12/14	Polar Express

FREE with your Household membership!

Sign up at Member Services, online or by calling 423 968 3133

REGISTRATION ENDS AT 6 PM

YMCA OF BRISTOL

400 MLK Jr Blvd, Bristol, TN 37620
P 423 968 3133 W bristolymca.net

PNO Guidelines

- Registration begins at 12:00 am on Saturday, the week prior to the PNO date and ends at 6 pm the night before the event
- Drop-off time is no earlier than 6:30 pm and no later than 7:00 pm
- Pick-up time is no later than 9:30 pm. A \$15 late fee will be charged for every 15 minute interval after 9:30 pm. Multiple incidents may result in suspension from attending future PNO nights
- Label all belongings with first and last name
- Bring a healthy snack and drink to avoid lines at the vending machine
- Siblings in different age groups must pack snacks separately
- Bring diapers for children under age 2
- Closed toed shoes only for all ages
- Bring a change of clothes in case of an accident
- Appropriate behavior and language is expected. If a child repeatedly uses inappropriate language or behavior after being warned, the parent will be called to pick up the child immediately. Multiple incidents may result in suspension from future programs

Please contact Tiffany Scardo, Youth and Families Director with any questions or concerns at 423 968 3133