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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FLOAT 4 LIFE

Infant & Toddler Water Safety Program YMCA of Bristol

Float 4 Life is a one-to-one water safety program that teaches children ages 1-4 how to roll on their backs so they can breathe, float and reach the side of the pool until help arrives. Those precious seconds can save a life! Sessions include 8 lessons, each 15 minutes long. These "mini" lessons maximize the short attention span of toddlers while gradually increasing the child's comfort level in the water through personalized one-to-one instruction by a certified Float 4 Life staff. The program is a partnership between the YMCA of Bristol and the Joshua Collingsworth Memorial Foundation.

Ages: 1 to 4 years old

Classes are held two days per week for four weeks:

Monday & Wednesday

8:30am, 8:50am, 9:10am, 5:00pm, 5:20pm, 5:40pm

Tuesday & Thursday

8:30am, 8:50am, 9:10am

5:00pm, 5:20pm, 5:40pm, 6:00pm, 6:20pm, 6:40pm

*Additional times may be available upon request

Members: \$210

Potential Members: \$290

Registration Opens: July 22, 2019

Questions? Contact Suzanne Wantland (423)968-3133.



2019 Fall/Winter Schedule:

August 5th - 29th

September 9th - October 3rd

October 7th - 31st

November 4th - 28th*

* week 4 is flexible

YMCA of Bristol

400 MLK Jr. Blvd., Bristol, TN 37620
P 423 968 3133 W bristolymca.net





Float 4 Life Registration Form

Guardian Full Name: _____ DOB: ____/____/____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ - _____ Email: _____

Participant's Name: _____ DOB: ____/____/____

Shirt Size (circle): 6-9M 12M 18M 2T 3T 4T 5T

Please circle the child's race (for nonprofit reporting purposes)

American Indian

Alaskan Native

African American/Black

Asian/Pacific Islander

Hispanic

Caucasian/White

Other

Please describe any medical, emotional or behavioral conditions that we need to be aware of:

By signing below, I voluntarily have chosen to have my child participate in the Float 4 Life Water Safety Program. I understand that there are inherent risks involved in this activity, in and around the YMCA of Bristol pool and facility. I accept any and all responsibility for injury and/or damage, which I or my child may incur during this activity.

Guardian Signature: _____

