



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARENTS NIGHT OUT RELAXING FOR YOU FUN FOR THE KIDS

Looking to spend an evening out on the town or just quiet time at home, but want your child to have fun too?

You need Parents Night Out!

Children will enjoy a fun-filled evening of activities and games for ages 6 weeks-12 years from 6:30-9:30 pm.



Register	Date	Theme
01/18-01/24	01/25	Let it snow
02/22-02/28	02/29	All you need is love
03/21-03/27	03/28	Going Green
04/18-04/24	04/25	Hip Hop till you flop
05/09-05/15	05/16	Summer Vacation
Take a break and join us for summer camp!		
08/22-08/28	08/29	Back to School bash
09/19-09/25	09/26	Fall is coming
10/17-10/23	10/24	Halloween blowout
11/14-11/13	11/21	Gobble, Gobble till we wobble
12/12-12/18	12/19	Tis the season to be jolly

FREE with your Family membership!

Sign up at Member Services, online,
or by calling 423 968 3133

Registration ends at 12 PM on PNO date

YMCA OF BRISTOL

400 MLK Jr Blvd, Bristol, TN 37620
P 423 968 3133 W bristolymca.net

PNO Guidelines

- Registration begins at 12:00 am on Saturday, the week prior to the PNO date and ends at 12 pm the day of the event
- Drop-off time is no earlier than 6:30 pm and no later than 7:00 pm
- Pick-up time is no later than 9:30 pm. A \$15 late fee will be charged for every 15 minute interval after 9:30 pm. Multiple incidents may result in suspension from attending future PNO nights
- Label all belongings with first and last name
- Bring a healthy snack and drink to avoid lines at the vending machine
- Siblings in different age groups must pack snacks separately
- Bring diapers for children under age 2
- Closed toed shoes only for all ages
- Bring a change of clothes in case of an accident
- Appropriate behavior and language is expected. If a child repeatedly uses inappropriate language or behavior after being warned, the parent will be called to pick up the child immediately. Multiple incidents may result in suspension from future programs

Please contact Tiffany Scardo, Youth and Families Director with any questions or concerns at 423 968 3133