



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULE-LAP POOL YMCA OF BRISTOL

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM		
					Pool Opens @ 8:00 AM	
						Pool Opens @ 1:00 PM
	6:40-7:15pm Swim Lessons (1 Lane Only)		6:40-7:15pm Swim Lessons (1 Lane Only)			
					Pool Closes @ 5:30 PM	Pool Closes @ 5:30 PM
Pool Closes @ 8:30 PM	Pool Closes @ 8:30PM	Pool Closes @ 8:30PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30PM		



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AQUATICS SCHEDULE-THERAPY POOL YMCA OF BRISTOL

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM		
					Pool Opens @ 8:00 AM	
10:00-11:00 AM Water Exercise Suzanne (Pool Closed)	10:00-11:00 AM Balance & Stretch Lynn (Pool Closed)	10:00-11:00 AM Water Exercise Suzanne (Pool Closed)	10:00-11:00 AM Balance & Stretch Patti (Pool Closed)	10:00-11:00 AM Water Exercise Suzanne (Pool Closed)		
11:15 AM-12:15 PM Water Exercise Lynn (Pool Closed)		11:15 AM-12:15 PM Water Exercise Lynn (Pool Closed)		11:15 AM-12:15 PM Water Exercise Lynn (Pool Closed)		Pool Opens @ 1:00 PM
4:30-6:30pm Swim Lessons (Pool partially open)		4:30-6:30pm Swim Lessons (Pool partially open)				
	5:30-7:15pm Group Swim Lessons (1 Lane Open for lap swim and water ex.)		5:30-7:15pm Group Swim Lessons (1 Lane Open for lap swim and water ex.)		Pool Closes @ 5:30 PM	Pool Closes @ 5:30 PM
6:00-7:00 PM Water Exercise Sheri (Pool Partially Open)		6:00-7:00 PM Water Exercise Sheri (Pool Partially Open)				
Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM		