Looking to spend an evening out on the town or just quiet time at home, but want your child to have fun too?



## PARENTS NIGHT OUT RELAXING FOR YOU FUN FOR THE KIDS

Children will enjoy a fun-filled evening of activities and games for ages 6 weeks-12 years from 6:30-9:30 pm.



DATE	THEME	<b>REGISTRATION BEGINS</b>

1/15	Neon New Years	1/8
2/12	Little Love Bugs	2/5
3/19	Rainbows and Shamrocks	3/12
4/9	Eggstravaganza	4/2
5/21	Aloha Summer	5/14
8/20	Welcome Back	8/13
9/17	Bonfire Bash	9/10
10/22	Monster Mash	10/15
11/19	Thankful for You	11/12
12/17	Reindeer Games	12/10

## FREE with your family membership

Registration ends at 12 PM on PNO date

Sign up at Member Services, online, or by calling 423–968–3133

## **YMCA OF BRISTOL**

400 MLK Jr Blvd, Bristol, TN 37620 P 423 968 3133 W bristolymca.net

## PNO Guidelines

Registration begins at 12:00 am on Saturday, the week prior to the PNO date and ends at 12 pm the day of the event

Drop-off time is no earlier than 6:30 pm and no later than 7:00 pm

Pick-up time is no later than 9:30 pm. A \$15 late fee will be charged for every 15 minute interval after 9:30 pm. Multiple incidents may result in suspension from attending future PNO nights

Label all belongings with first and last name

Bring a healthy snack and drink to avoid lines at the vending machine

Siblings in different age groups must pack snacks separately

Bring diapers for children under age 2

Closed toed shoes only for all ages

Bring a change of clothes in case of an accident

Appropriate behavior and language is expected. If a child repeatedly uses

inappropriate language or behavior after being warned, the parent will be called to pick up the child immediately. Multiple incidents may result in suspension from future programs

Please contact Suzanne Wantland with any questions or concerns at suzanne@bristolymca.net or 423 968 3133