



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SWIM & BE SAFE

## Differing Abilities

### Swim Lessons

## YMCA of Bristol

The YMCA of Bristol is proud to announce that we now offer lessons for children and adults that have a differing abilities! A session consists of eight 20-30 minute private lessons. We will focus on overcoming roadblocks that each individual might have standing in the way of meeting their swimming goals. Students will follow along the typical YMCA swimming curriculum with adaptations woven through the lessons to fit each student's individual needs and goals.

### HOW TO GET STARTED...

COMPLETE THE REQUEST on the other side of this flyer and one of our instructors will contact you within 48 hours to discuss your training plan and recommendations. Please note lessons may take up to 2 weeks to commence during our busy season.



### RATES

#### MEMBERS:

4 Lessons = \$80.00

8 Lessons = \$150.00

#### POTENTIAL MEMBERS:

4 Lessons = \$160.00

8 Lessons = \$300.00

(Financial Assistance is available but limited)

Suzanne Wantland YMCA OF BRISTOL

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# Request for Differing Abilities Swim Lessons:

Participant Name: \_\_\_\_\_ Bdate: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Bdate: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

PLEASE NOTE: Choosing multiply options below will help us better schedule lessons. Instructors have no private lessons on Mon., Wed., & Fri. from 9:30AM-12:00PM and Tuesday & Thursday from 9:30AM-11:00AM and from 5:30PM-7:15PM FOR GROUP LESSONS. We will do our best to accomodate the needs of each individual.

Preferred Instructor: \_\_\_\_\_

Preferred Time (s): \_\_\_\_\_

Preferred Day (s): M\_\_\_ T\_\_\_ W\_\_\_ TH\_\_\_ F\_\_\_ S\_\_\_ Su\_\_\_

Private Lessons: \_\_\_\_\_ 4 Lessons \_\_\_\_\_ 8 Lessons

## Private Swim Lesson Guidelines & Waiver:

1. All Swim Lessons must be paid for, prior to setting any appointments with instructor.
2. All sessions must be used within ninety days (90) of purchase date. After 90 days, neither the instructor nor the YMCA is obligated to the client for the remaining sessions.  
**Note: Any exception to this may be considered upon written request and YMCA Director approval.**
3. Any special promotions expire in the fiscal year in which they were purchased.
4. Any cancellations (by either party, the YMCA member or instructor) must be made at least 24 hours in advance; however, either party may adjust this with prior written agreement.
5. If a 24 hour notice of cancellation by the member is not given, member may be charged for that Lesson.
6. No refunds will be made unless member becomes disabled and unable to participate in Private Swim Lessons for 30 or more consecutive days. Such disability must be documented by a physician.
7. Unused sessions may be transferred to a family member or another member upon written request and YMCA approval.
8. We will not be able to accommodate late arrivals due to scheduling of other appointments. i.e. if member has a 10 a.m. appointment for a one half hour lesson and arrives at 10:10, the training session will still end at 10:30 a.m.

I hereby certify that my child is in capable of safe participation in Y Youth Programs. If there are any health conditions, I will notify the Y of such problems. I assume all risk(s) and hazards incidental to the conduct of any program.

I hereby authorize the Y to obtain medical treatment for my child in the event that parent/guardian(s) cannot be reached. I will be responsible for any medical costs, including ambulance transportation. I give permission for my child to participate in the media coverage and publicity of the YMCA.

I have read and agree to the above mentioned Private Swim Lesson Guidelines. and Waiver

\_\_\_\_\_  
Signature of Parent/Guardian/Adult Participant

\_\_\_\_\_  
Date

Staff Section:

Staff Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Amount Paid: \$ \_\_\_\_\_

Give to Aquatics Director