

YMCA of Bristol
Parent/Child Lessons - Frequently Asked Questions

Parking and Entry to the Y: Parking is allowed in any of our facility parking areas. When you come into the Y, please check in at the Greeter Desk. Members should scan their cards, and non-members will sign in on the Guest Form. Follow the hallway straight back to the pool.

Arrival: On the first day of class, come 10 minutes early so you can check in on the pool deck. For the rest of the session it is important to be on the pool deck and ready to go at least 5 minutes before your class time. Please allow plenty of time before class to get dressed, use the restroom, etc. For safety reasons, please do not let children enter the pool, or sit poolside unless the instructor has invited them to do so.

Swimming Attire: Most swimming suits and swim trunks are acceptable. Children should not attend swim lessons with any type of built-in flotation, and the very little ones will need to wear a swim diaper.

Swimming Accessories: For swimmers with long hair, we ask that it be tied back away from the face. Swim Caps are also acceptable.

Cancellation/Sick Policy: Children who are ill should be kept at home. This is in the best interest of their health as well as the health of others. Unfortunately, non-attendance for any reason does not entitle you to a refund or a make-up class. We will make every attempt to offer a make-up class if the YMCA must cancel a lesson for weather etc.

When should I keep my child out of swim lessons? Please keep your child out of swim lessons if they have:

- a fever or vomited within the last 24 hours
- diarrhea or intestinal flu
- green/yellow discharge from the nose
- pink-eye, ringworm, or other contagious illnesses

Bathroom Use: We encourage all participants to arrive early enough to use the restroom before class begins. For all participants who are not potty trained, we require the use of swim diapers. For sanitary reasons, please do not change children, or diapers on the pool deck – benches are available in the changing rooms.

Incident Weather/Biohazards/Pool Closures: We are required to close all pools for 30 minutes after the last lightning detection. We make up lessons due to facility closure, in cases such as pool contamination or thunder/ lightning storms. Lessons missed for personal reasons, such as illness or vacation, will not be made up. Make-up classes are typically done on Fridays. Please call the Y at 423 968 3133 for all pool updates.

Parent Attendance: You must remain with your child in the pool at all times. If you are YMCA members, you may remain in the water for a couple of minutes after class and continue to enjoy the water and your time together, this is a member privilege, so if you are not YMCA members, you need to leave the pool area at the end of class.

Questions: Feel free to talk to instructors, if you have any questions.