



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULE-LAP POOL YMCA OF BRISTOL

Summer 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM		
					Pool Opens @ 8:00 AM	
	1:30-3:30pm Summer Program (1 Lane)	1:30-3:30pm Summer Program (1 Lane)				Pool Opens @ 1:00 PM
	6:00-7:15pm Swim Lessons (1 Lane Only)		6:00-7:15pm Swim Lessons (1 Lane Only)			
					Pool Closes @ 5:30 PM	Pool Closes @ 5:30 PM
Pool Closes @ 8:30 PM	Pool Closes @ 8:30PM	Pool Closes @ 8:30PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30PM		



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AQUATICS SCHEDULE-THERAPY POOL YMCA OF BRISTOL

Summer 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM	Pool Opens @ 4:45 AM		
					Pool Opens @ 8:00 AM	
8:30 - 10:00 AM Swim Lessons (Pool Partially Open)		8:30 - 10:00 AM Swim Lessons (Pool Partially Open)				
10:00 -10:55 AM Water Exercise Rotation (Pool Closed)	10:00-11:00 AM Balance & Stretch Lynn (Pool Closed)	10:00 -10:55 AM Water Exercise Trish (Pool Closed)	10:00-11:00 AM Balance & Stretch Lynn (Pool Closed)	10:00 -10:55 AM Water Exercise Sherri (Pool Closed)		
11:05 AM-12:00 PM Water Exercise Dianna (Pool Closed)	11:00 - 1:30 pm Swim Lessons (Pool partially open)	11:05 AM-12:00 PM Water Exercise Jeff (Pool Closed)	11:0 - 1:30 pm Swim Lessons (Pool partially open)	11:05 AM-12:00 PM Water Exercise Dianna (Pool Closed)		Pool Opens @ 1:00 PM
12:00 - 5:30 PM Swim Lessons (Pool Partially Open)	1:30 - 3:30 pm Summer Program (Pool partially open)	1:30 - 3:30 pm Summer Program (Pool partially open)	12:00 - 5:30 PM Swim Lessons (Pool Partially Open)			
5:30-6:00pm Swim Lessons (Pool partially open)		5:30-6:00pm Swim Lessons (Pool partially open)				
6:00-7:00 PM Water Exercise Sherri (Pool Partially Open)	5:30-7:15pm Swim Lessons (1 Lane Open for lap swim and water ex.)	6:00-7:00 PM Water Exercise Sherri (Pool Partially Open)	5:30-7:15pm Swim Lessons (1 Lane Open for lap swim and water ex.)		Pool Closes @ 5:30 PM	Pool Closes @ 5:30 PM
Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM	Pool Closes @ 8:30 PM		